

## The Influence of Familial Dynamics on Substance Misuse amongst Syrian Communities

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**Abstract:** Addiction is an illness that takes place at your physical brain, something that more often results in abnormalities in your behavior. Being an addicted drug individual you can only accept the desire to use them, rather than the damage which they may inflict among other people. Drug use doesn't simply include heroin, cocaine or any other illegal medications, it is more holistic. Being addicted is easy with the intake of alcohol, nicotine, painkillers and a number of other legal substances. The age ceiling for drug addiction is hardly conceivable, since drugs are addictive for almost any age. The condition is normally associated with people who suffer from frustration, abuse, lack finances, individual problems, and hardships of life. They may end up using drugs as a way of coping with whatever they are going through, therefore, even if it leads to a poor health in the long term. The addiction cycle starts when a person started taking portion of any drug continuously, to this point that their brain thought they are not normal without the drugs. In a lethargic and severe fashion, the person becomes totally reliant on this drug so much that a single day without it is virtually impossible. Students may choose this life for different reasons, and all of it together acts like a cancer in their lives, killings hope and dreams bar. The risk of the worst being a victim of the disease of drugs, like economic issues, state of deep sadness in case of a loved one's or a close one's death, society's stressful job, isolation, aggression, wrong or bad manners of company, mental illness like depression or anxiety, are some of the most common situations of why the person goes for drugs. Not only many other reasons, families are likely to become a significant role in giving out house pills to a patient as he/she tries to avoid agony and suffering of the drugs. Developed nations such as Pakistan that exist today as well as other nations are finding this problem to be dangerous simply because there are no significant or active fresh starts centers. In this article, the researcher approaches the topic of families of drug users, therefore, highlights their mediatory role in the development of addiction. This research will be carried with the help of many other researches, while some of the interviews also conducted for certain factors occurring there and the answers were provided as per responders view and observation. In the last part, which is composed by using corresponding articles and observations, it is mentioned that one may get engaged with substance abuse due to specific family issues and problems, which concern him/her.

**Key Words:** Drug addiction, psychological disorder, eminent body & neuron insurgence.

### Introduction

(1) Addiction is a long-term, physical condition that affects a persons brain and body, causing them to repeatedly seek and use drugs even when they know it is harmful. It can begin with trying a drug for fun in social settings, and for some individuals, the drug use becomes more common. For some people, especially with opioids, drug addiction starts with taking prescribed drugs or getting them from someone who has been prescribed them. The chance of getting addicted and how quickly you do so differs by drug. Certain medications, like opioid painkillers, are more addictive and can lead to dependency faster than others. In the near future, you may require the medication solely to experience pleasure. As your drug consumption rises, you may discover that it becomes increasingly challenging to abstain from the drug. The impact of drugs worldwide on the body can manifest as stroke, mental confusion, brain damage, lung disease, memory, attention, and decision-making issues. 4 The most common side effects of taking a large quantity of drugs are physical changes like breast growth in men

and a rise in body temperature, which can have a negative impact on a persons health.4

### Production, Abuse and Smuggling Drugs Spreading in Syria

(5) The areas under the regime's control are no more the main incubator of drug trafficking as it almost became a phenomenon in all Syrian cities and towns. The war helped the drug traffickers, especially the smugglers, prosper and gave pretexts for more drug users to immerse in this habit. Although it is considered one of the cleanest countries in terms of drug cultivation, production, and manufacturing, by geography alone it is being lumped with the big bulk of the category: the drug-transit country. Drug use among children living in Syria is very high. Recently, videos of children joining the influence have been surfacing on social media. One of the primary reasons for this growing trend among children is the sociological factors caused by the eight-year civil war. Another common factor that has increased the level of problem of addiction so much is forcing children to use drugs to make them loyal beings working as beggars

on the street. A corruption case rocked the Interior Ministry in Damascus last week and prompted investigations by the web - after passing the Drug Dealer Law, it does a really good job of implementing it and stopping these notorious crime stimulators, losing its pace after a while - Minister of Interior Maj. Gen. with the technical help of Raed Khazim, Director of Anti-Narcotics Department, besides a number of officers announced their association with instructions to replace narcotics with non-narcotics to include drug traffickers and criminals after seizing 83 kilograms of cocaine. Investigations revealed that some interior ministry officers were directing the cultivation of cannabis in unofficially declared secret places. Unofficiality shows that the cannabis trade has been carrying on active duty during the war. The opposition accuses media activists of smuggling drugs and cannabis from Bekaa in Lebanon to the militias of the Lebanese Hezbollah and the military security branch. The opposition further accuses the regime's militias of encouraging school students to use narcotics. Drugs trade in itself is another source of income for Hezbollah. From the day of the arrest, human rights sources had told Asharq Al-Awsat that the defendants till then had been indicted with over 4 billion Syrian pounds (6.5 million dollars) worth of corruption, this value being equal to 83 kilograms of cocaine, which had been confiscated by the Drug Enforcement Authority. They were arrested and later the cocaine powder was replaced with flour in order to acquit the defendants, some of them government officials.

### Signs Someone is Addicted

(7) Drug addiction symptoms and behavioral includes the feeling of using drugs regularly, intense urge of using for in taking large amount of surplus drug, making certain urge/ attempts for regulating the use of drugs regularly. Persons psychological and pseuological harm to the neuron- receptor of the brain. Vary eyes and shortest of breath with an urge of excitement. Being an addicted drug individual you can only accept the desire to use them, rather than the damage which they may inflict among other people. Drug use doesn't simply include heroin, cocaine or any other illegal medications, it is more holistic. Being addicted is easy with the intake of alcohol, nicotine, painkillers and a number of other legal substances. The age ceiling for drug addiction is hardly conceivable, since drugs are addictive for almost any age. The condition is normally associated with people who suffer from frustration, abuse, lack finances, individual problems, and hardships of life. They may end up using drugs as a way of coping with whatever they are going through, therefore, even if it leads to a poor health in the long term. The addiction cycle starts when a person started taking portion of any drug continuously, to this point that their brain thought they are not normal without the drugs (7)

### Signs of recent substance usage:

There are varieties of cell sold in the central black markets of states. The symptoms may vary from the dosage and type of drugs. Hashish, opium and cocaine are the most common salient drug use in all ages, while marijuana, opium, cocaine & cannabis.

### Marijuana, Hashish and Other Cannabis-Containing Substances

People often use cannabis as a remedial response of inhaling and vaporizing illegal drugs.

Signs and symptoms of recent use can include:

- Feeling heightened
- Visual , hearing and speaking vibrations
- Increase heart rate and blood pressure
- Pinkish blood eyes
- Salty mouth
- Receptive response decline
- Memory lose
- Sloth movement
- Paranoid or anxiety attacks

As your drug consumption rises, you may discover that it becomes increasingly challenging to abstain from the drug. The impact of drugs worldwide on the body can manifest as stroke, mental confusion, brain damage, lung disease, memory, attention, and decision-making issues.

### Recognizing Unhealthy Drug Use in Family Members

**Schooling:** Often drug addictions can be deducted by the moodiness of children among their peer groups or family. Children or teens associated with drugs addictions are far fetch the lowest skill by product in their school, they frequently filed isolated, bullied, lack of interest and emo potential children

**Physical and Mental Health:** Among them are those addicts which lacks physical and mental health stability and dialoged. They are concentrated and frequent victims of potential tardiness loss of interest, red eyes obesity and lack of overwhelmed energy.

**Self –Sabotage And Hygiene:** People associated with the drug addiction can also lead to self – sabotage and lack of grooming. Drug addicts are un focused on their appearances, looks, makeup and other hygienic outcast. Often they are exaggerated by family members from entering his or her room or being secretive about where he goes with friends, or drastic changes of behavior and of relationships with family and friends

**Misused Consumption of Money:** Drug addicts are immune to financial tabulation, which means they are addicted for expanding much or exaggerated amount on purchasing drugs, if the requirements are not made by parents they subtly steal, kidnapping, for supporting their consumption needs.

**Staging an Intervention**—People struggling with drug addictions as a feeling of numbness that makes the person want and needs to shift in a pattern of insecurities and mal-functioning. It's the feeling of an individual wanting to be productive but have the fear of failure, is wanting friends but hate socializing, is wanting to be pro-active and available but procrastinates and isolates when the times need them the most. It's basically a feeling of un-wanting to live while living a cycle of responsibilities and interpersonal space

### Preventing Drug Misuse in Children and Teenagers

Preventions of drugs can be made by following the following steps:

- **Communication:** communications among children can lead to an intermediate stance of understanding, why and how the usage of drugs can have a positive impact on the children and teenage psyche for the minimum usage and intake of drug.
- **Listen:** The most important therapy to be considered when dealing with drug addicts or teenagers attracted to drugs is the patient of listening and concentration. Often therapists consider the motive of listening, when your children talk about the peer pressure, parents can associate it with the intention of drug addictions by their behavioral patterns of talks and speech.
- **Set A Good Example:** You are your children's role model. You can make or build a character development for your children for their less usage of drugs. The condition is normally associated with people who suffer from frustration, abuse, lack of finances, individual problems, and hardships of life. They may end up using drugs as a way of coping with whatever they are going through, therefore, even if it leads to a poor health in the long term. The addiction cycle starts when a person started taking portions of any drug continuously, to this point that their brain thought they are not normal without the drugs.

### Drug Trafficking In Syria

Drug trafficking is a long-tested source of income not only for organized crime but also state and non-state actors. Historical precedent brings us as far back as the 1840s with the Opium Wars in China, the Iran-Contra affair in the 1980s, up to more modern conflicts such as FARC in Colombia and the conflict in Afghanistan. Often drug addictions can be deducted by the

moodiness of children among their peer groups or family. Children or teens associated with drug addictions are far from the lowest skill by product in their school, they frequently feel isolated, bullied, lack of interest and emotional potential children.

They may end up using drugs as a way of coping with whatever they are going through, therefore, even if it leads to a poor health in the long term. The addiction cycle starts when a person started taking portions of any drug continuously, to this point that their brain thought they are not normal without the drugs. In a lethargic and severe fashion, the person becomes totally reliant on this drug so much that a single day without it is virtually impossible.

Students may choose this life for different reasons, and all of it together acts like a cancer in their lives, kills hope and dreams. The risk of the worst being a victim of the disease of drugs, like economic issues, state of deep sadness in case of a loved one's or a close one's death, society's stressful job, isolation, aggression, wrong or bad manners of company, mental illness like depression or anxiety, are some of the most common situations of why the person goes for drugs.

Not only many other reasons, families are likely to become a significant role in giving out house pills to a patient as he/she tries to avoid agony and suffering of the drugs. Developed nations such as Pakistan that exist today as well as other nations are finding this problem to be dangerous simply because there are no significant or active fresh starts centers. In this article, the researcher approaches the topic of families of drug users, therefore, highlights their mediatory role in the development of addiction

Conflict in South Eastern Turkey has shifted much of the Balkan route of Afghan opiates away from Turkey into the caucuses and across the Black Sea. Turkish OCG's are exploiting this trafficking, as risks and perceptions of instability in trafficking Afghan opiates through Turkey rise. Syria has also hosted the production of Captagon for a minimum of a decade. This contemporary conflict has utilized the breakdown of the rule of law in order to escalate production and trafficking with direct involvement and enrichment of actors in the conflict. Most of the pills trafficked in the region contain amphetamine base rather than Fenethylamine (captagon), with some seizures in Turkey still containing Fenethylamine. The level of conflict in the country has also led some traffickers to move captagon production to Lebanon, Turkey, and potentially other countries within the region.

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Spring in 2011As a result, since more than 250,000 people passed away, 5 million fled from Syria and 1 million became IDPs and the economy was in total collapse, we can refer to the immediate human sufferance. The weapons that spurred the ongoing conflict and made this tragedy even more complex include not only the shortfalls in international diplomacy but also Syria has become a cradle for proxy wars. Various regional player e. g. Turkey, Iran, and the Gulf countries in addition to the intervention of the great powers namely, the USA and Russia, together with their auxiliary non-state actors like Hezbollah are all interested and also, they are providing financial and military support to different parties in the war. The alack of the authority of the Syrian Regime – to govern its territory – have allowed different types of rebel groups and extremists ones like (ISIS) to exercise different controlling mechanisms of these territories. Those moving parts which go by the name of irregular war and terrorism in Syria, were oftentimes shown to have spilled beyond Syrian borders. Whereas human suffering is naturally the point of major interest, the development of the drug market is increasingly worrying, and will have subsequently harmful results for post-conflict development. Globally, marijuana is currently the most prevalent illicit drug in the world<sup>4</sup> and cocaine has the greatest market value<sup>5</sup> along with an expanding market situation, most NPS sources can be found at locations where the required precursors are easily available.

## Discussion

A person's family is a major factor in their drug addiction. The majority of the time, a person's family troubles and issues are what push them toward this poison, also known as drug addiction. A person who experiences trauma from family troubles may turn to drugs in an attempt to find solace from their concerns. The most prevalent problems are drug use and family dynamics, inadequate communication, ignoring parents who use drugs, financial difficulties in the family, loss of a loved one, and violence and abuse in the home. These issues seem to put a person in a dismal situation, and as a result, the individual begins to create an artificially nice environment for themselves, which is enhanced by drug use.<sup>(8)</sup> A youngster picks up their socialization style from their family..<sup>(8)</sup>

<sup>9</sup> “children who experience dealing with a druggie and are used to watching an unconscious parent mostly hate the general idea of drugs. Because although their parent is high, but they are observing the situation of their intoxicated parent and the social and mental destruction that comes as a gift with the addiction of these sort of drugs, they are mostly antagonistic towards drug usage. I myself use some of these substances that can be referred as drugs, but I’m certain that my family despise this action despite all their love for me<sup>9</sup>.” The subject quoted a famous Urdu saying, ‘ Charsika beta bhiCharsi hi hotahai’.

The interview was ended with an example given by the subject “when a person’s family status is financially weak, the person is under a lot of pressure. He needs job, money to buy necessities for daily life, money to pay bills, to feed the mouths that are waiting for him to bring something to eat, all the things basically add up to the availability of money. In Pakistan, it is not really easy to earn money except for begging. The stress that comes with the pressure of money earning is a lot, and the easiest way us Pakistanis think to reduce pressure off our minds is nicotine that is easily available in the form of cigarettes.

And when a person starts smoking cigarettes, gradually it is not enough to satisfy his need and allow him the pleasure he is craving for. Then a person becomes chain smoker, starts taking different types of drugs and even sometimes alcohol. So yeah definitely the stress which comes with the financial problems is definitely one of the reasons why an individual decides to start taking drugs.I am not telling you a tale or something that is only written in books. This is my personal observation. There was a friend of mine whom father died at a very young age. He was maybe 14 or 15 years old and we were class mates.

He had to drop his education and work somewhere to provide for his family. The stress this situation brought upon him was unbearable. The idea that taking drugs would solve all his problems was somehow stuck in his head and he started taking huge amount of drugs. Gradually, the addiction got worse and now he is in some rehabilitation center and working on his recovery.”<sup>(14)</sup> “I used to smoke hashish on occasions and during evenings with friends, but later it became a daily habit. A single hashish cigarette makes you forget your heavy burdens,” he added.

Often drug addictions can be deducted by the moodiness of children among their peer groups or family. Childerns or teens associated with drugs addictions are far fetch the lowest skill by product in their school, they frequently filed isolated, bullied, lack of interest and emo potential children

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People struggling with drug addictions as a feeling of numbness that makes the person wants and needs to shift in a pattern of insecurities and mal- functioning. It's the feeling of an individual wanting to be productive but have the fear of failure, Is wanting friends but hate socializing, its wanting to be pro-active and available but procrastinates and isolates when the times need them the most. Its basically a feeling of un-wanting to live while living a cycle of responsibilities and interpersonal space

### **The Syrian Conflict:**

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### **Result**

Addiction is a long-term, physical condition that affects a persons brain and body, causing them to

repeatedly seek and use drugs even when they know it is harmful. It can begin with trying a drug for fun in social settings, and for some individuals, the drug use becomes more common. For some people, especially with opioids, drug addiction starts with taking prescribed drugs or getting them from someone who has been prescribed them. The chance of getting addicted and how quickly you do so differs by drug. Certain medications, like opioid painkillers, are more addictive and can lead to dependency faster than others. In the near future, you may require the medication solely to experience pleasure. As your drug consumption rises, you may discover that it becomes increasingly challenging to abstain from the drug. The impact of drugs worldwide on the body can manifest as stroke, mental confusion, brain damage, lung disease, memory, attention, and decision-making issues. <sup>4</sup> The most common side effects of taking a large quantity of drugs are physical changes like breast growth in men and a rise in body temperature, which can have a negative impact on a persons health

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Children who experience dealing with a druggie and are used to watching an unconscious parent mostly hate the general idea of drugs. Because although their parent is high, but they are observing the situation of their intoxicated parent and the social and mental destruction that comes as a gift with the addition of these sort of drugs, they are mostly antagonistic towards drug usage.

I myself use some of these substances that can be referred as drugs, but I'm certain that my family despise this action despite all their love for me." And according to the views of second responder, "It

depends on the family dynamics, if the family is against drug usage, the children might end up hating on their parent and their actions. But on the other hand, and what mostly happens is, a child idolizes its parents, so when it sees them using drugs, it is most certain that the child will sometime in the future surely do it too.

Being an addicted drug individual you can only accept the desire to use them, rather than the damage which they may inflict among other people. Drug use doesn't simply include heroin, cocaine or any other illegal medications, it is more holistic. Being addicted is easy with the intake of alcohol, nicotine, painkillers and a number of other legal substances. The age ceiling for drug addiction is hardly conceivable, since drugs are addictive for almost any age. The condition is normally associated with people who suffer from frustration, abuse, lack finances, individual problems, and hardships of life.

They may end up using drugs as a way of coping with whatever they are going through, therefore, even if it leads to a poor health in the long term. The addiction cycle starts when a person started taking portion of any drug continuously, to this point that their brain thought they are not normal without the drugs

And most importantly, the thinking of the child is if my parents are doing it, then there must be no harm in it. The subject quoted a famous Urdu saying, '*Charsika beta bhiCharsi hi hotahai*'. The interview was ended with an example given by the subject,"

Drug use doesn't simply include heroin, cocaine or any other illegal medications, it is more holistic. Being addicted is easy with the intake of alcohol, nicotine, painkillers and a number of other legal substances. The age ceiling for drug addiction is hardly conceivable, since drugs are addictive for almost any age. The condition is normally associated with people who suffer from frustration, abuse, lack finances, individual problems, and hardships of life. They may end up using drugs as a way of coping with whatever but mostly under ascendancy of peers and older siblings using drugs.

### Conclusion:

Addiction is an illness that takes place at your physical brain, something that more often results in abnormalities in your behavior. Being an addicted drug individual you can only accept the desire to use them, rather than the damage which they may inflict among other people. Drug use doesn't simply include heroin, cocaine or any other illegal medications, it is more holistic. Being addicted is easy with the intake of alcohol, nicotine, painkillers and a number of other legal substances. The age ceiling for drug addiction is hardly conceivable, since drugs are addictive for almost any age. The condition is normally associated with people who suffer from frustration, abuse, lack finances, individual problems, and hardships of life.

Drug addictions plays tricks on you during your highs and lows. Causing traumatic outcast in an individual memory. It's a void we think we may cure but often can't get out of our heads. It's your negative emotions that impact your neuron for an aggressive, unmotivated, and panic response that often triggers your deepest past or fears making you incompatible to follow your daily routine, you feel confused, your heartaches and worst, you're scared to do the things you love to do the most

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